

## EC3 Newsletter – 6/14/2019

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### ***Classroom Census Needed for Holiday Week***

EC3 will be closed on Thursday, July 4<sup>th</sup>, in observance of Independence Day. Many families (including EC3 staff) are celebrating the holiday by taking a long weekend. In order to ensure that we have adequate food, supplies, and personnel for that week, please complete this brief survey on your child(ren)'s attendance: <http://bit.ly/2WpApXo>.

Please note: even if your child(ren) will be absent for the entire week, please click the link and select the “not attending all week” option—it was added after the initial survey notice was emailed.

### ***Parking Lot Safety***

There have been a few “close calls” lately in our very own parking lot. Please stay alert while you are parking and driving! Some of our little ones are shorter than your back window so make sure you are checking your mirrors constantly, and put away distractions. Thank you for slowing down and being courteous to help keep EC3 a safe and trustworthy place.

### ***Heat Stroke Prevention Awareness***

As long-awaited warmer weather has arrived, parents and caregivers are reminded to be diligent and never leave children alone in vehicles. Heatstroke is the leading cause of non-crash, vehicle-related deaths for children. On average, every eight days a child dies from heatstroke in a vehicle; these deaths are preventable.

It doesn't have to be the middle of the summer for a child to get overheated. Even with seemingly mild temperatures outside, the temperatures inside a car can rise 20 degrees in as little as ten minutes. A child's body heats up three to five times faster than an adult's, making them more susceptible to heatstroke. Temperatures inside a car can easily be double the temperature outside.

Together, we can cut down the number of deaths and near misses by remembering to **ACT**.

**A:** Avoid heatstroke-related injury and death by never leaving your child alone in a car, not even for a minute. And make sure to keep your car locked when you're not in it so kids don't get in on their own.

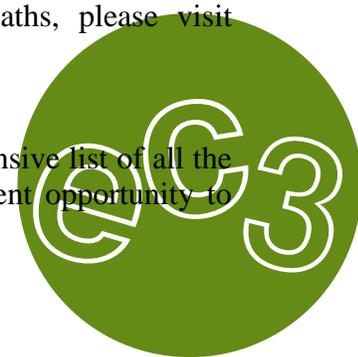
**C:** Create reminders by putting something in the back of your car next to your child such as a briefcase, a purse or a cell phone—something that you'll need at your final destination. This is especially important if you're not following your normal routine.

**T:** Take action. If you see or hear a child alone in a car, call 911. Emergency personnel want you to call; they are trained to respond to these situations. One call could save a life.

Safe Kids Coalitions across the state are working hard in their communities to increase awareness. For more information and safety tips on preventing child heatstroke deaths, please visit [www.safekids.org/heatstroke](http://www.safekids.org/heatstroke).

### ***Area Farmers Markets***

The Greater Lansing Convention & Visitors Bureau has compiled a comprehensive list of all the area farmers markets (<http://bit.ly/2sOIpBP>). Farmers markets are an excellent opportunity to



provide your family with wholesome, healthy food while supporting your local community at the same time. Check out this great article, <http://bit.ly/1pcCkH8>, on the *Top 10 Reasons to Bring Your Kids to a Farmers Market*.

### **Weekend Family Fun**

*Lansing Juneteenth Celebration & African American Parade*

**Wednesday, June 13<sup>th</sup> – Saturday, June 15<sup>th</sup>, St. Joseph's Park**

Join the city of Lansing in commemorating the end of slavery in the United States by celebrating the joys of liberty, educating the community about African-American heritage, and promoting cultural interaction. This three-day event includes music, dance, entertainment, educational exhibits, children's activities, a health fair, and a parade. To learn more about the celebration and/or to see a schedule of the events, please visit <http://bit.ly/2rqH13w>.

*Michigan Pride March, Rally, & Festival*

**Friday, June 14<sup>th</sup> through Saturday, June 15<sup>th</sup>, State Capitol Building**

This is a statewide celebration of the lesbian, gay, bisexual, transgender, and queer communities and allies. This festival will kick off on Friday, June 14<sup>th</sup> with the White Party. On Saturday, there will be a march to the capital, a rally on the Capitol lawn, and a festival in Old Town. For more information, visit <http://bit.ly/2ZqM3Oz>.

*Lake Lansing Community Bandshell Summer 2019*

**Saturday, June 15<sup>th</sup>, 10:00 a.m.-2:00 p.m., AL!VE: Your Community Well-Being Place**

Lake Lansing Park South hosts free Friday Night Concerts at the Band Shell concert stage between Memorial Day and Labor Day. All of the concerts start at 7:00 p.m. and are FREE to attend! For more information about this event and to see a list of the performers, visit the event's Facebook page, <http://bit.ly/2Idmr1S>.

*Father's Day Family Health Event*

**Saturday, June 15<sup>th</sup>, 10:00 a.m.-2:00 p.m., AL!VE: Your Community Well-Being Place**

Join AL!VE in celebrating this FREE annual event filled with a variety of activities and interactive fun! There will be a FREE summer cook-out, the Playmakers satellite store, door prizes, kids activities, and more. For more information, visit the event's Facebook page, <http://bit.ly/2KOk7A8>.

### **Important Dates Coming Up**

- **Monday, 6/17:** Tuition invoices emailed
- **Monday, 6/17:** Summer Camp begins
- **Wednesday, 6/19:** Gecko field trip to Potter Park
- **Friday, 6/21:** Tuition due

### **Visit EC3 on the Web!**

- **EC3's website:** <http://ec3kids.org/>
- **Facebook:** <https://www.facebook.com/EC3kids/>
- **Pinterest:** <http://pinterest.com/ec3kids/>



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