

2017 Summer Camp Activities

Daily Schedule for Summer Camp (subject to change for guests and field trips)

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| 7:00 – 9:00 a.m. | Personal Choice Activities/Breakfast |
| 9:10 – 9:40 a.m. | Group meeting |
| 9:40 – 11:30 a.m. | Morning Activities/Snack |
| 11:30 a.m. – 12:30 p.m. | Outside |
| 12:30 – 1:15 p.m. | Lunch |
| 1:15 – 1:30 p.m. | Calming stretches |
| 1:30 – 2:30 p.m. | Quiet time (used for journals, reading, or resting) |
| 2:30 – 4:00 p.m. | Afternoon Activities/Snack |
| 4:00 – 6:00 p.m. | Personal Choice Activities/Outside |

ACTIVITIES TO EXPECT EVERY WEEK

Field trips and guest presentations

The best learning is hands-on learning! Each week you can expect campers to participate in field trips and hear from guest speakers about our weekly topic. Campers will gain meaningful experiences in our community and have fun at the same time. The daily schedule will vary based on field trip times.

Projects and Strolling Art Gallery

Campers will be challenged throughout the summer to get their creative juices flowing. Projects will vary based on the weekly themes. For example, a “Getting to Know You” challenge could be to write a poem about yourself, parent, or family member; and a “Outdoor Madness” challenge might be to create a sculpture from natural materials. During Art Adventures week many of the camper’s projects will be featured in a strolling art gallery!

Calming Stretches

Stretching is a good way to help the body and mind transition from active periods to a rest stage. Campers will learn basic yoga from a qualified instructor during the first week. Campers will then participate in stretching activities each day between lunch and quiet time to help relax and prepare for rest.

Journals

Journals will be used on a regular basis in summer camp. Campers can use this space as a place to reflect on what we’ve done and recall memories, emotions, and social experiences during camp. Journals help children’s cognitive development and also make a good end-of-summer keepsake.

Reading Time

Literacy is a major component of the EC3 summer camp program. During the first week, campers make their first of many trips to the downtown library and sign up for library cards. Campers read each afternoon. Children may be placed in groups to share story tapes or books, or they may be reading independently.

Group Meetings

Group meetings are a daily component of the EC3 summer camp program. These meetings accomplish a variety of things: they set the tone for respectful daily experiences; they establish a climate of trust; they motivate campers to have ownership of the program; they create empathy and encourage collaboration and support social, emotional and academic learning.

